



SCHOOLTM

SMILING • CALM • HEARTS • OPEN • OUR • LEARNING

Classroom Group Activity

Drawing for a School Staff Member

Prep ---- Have the names of several school staff ready. Students will need paper and a writing utensil. Choose one of the suggestions below depending on the age of your students. **

1. Students sit at their desks.
2. Teacher says, “Let’s sit in Easy Pose, nice and tall, and with our Smiling Calm Hearts ready.”
3. Teacher writes **GENEROUS** on the board and asks students for the meaning of the word.
4. Teacher reviews that **GENEROUS** means to give something to someone with Calm Breathing Calm Hearts.
5. Teacher reminds the students that many school staff members help us every day.
6. Teacher asks for various names of the school staff whom students see regularly, and chooses one name.
7. Teacher asks students for suggestions on giving something to this staff member from the whole class. Be imaginative!
8. To show **GENEROSITY** to the school staff member, the teacher asks students to create a drawing or write a note to give to the staff member.
9. **Depending upon the age of the students, suggestions for drawings or notes to show **GENEROSITY** are:
 - a . Draw the item that the class imagined giving
 - b . Add positive words for all the help the school staff member gives to students

10. Present the drawings and notes to the school staff member as a group.



Notes for Teachers:

1. Remind students that we are **GENEROUS** with **Calm Breathing Calm Hearts**.
2. Remind students that we practice **Calm Breathing Calm Hearts** to open our **LEARNING** together.
3. Consider posting images of students presenting their drawings and notes to the school staff member in the classroom.
4. Consider posting the image below (Rainbow Collar) in your **Calm Hearts Center** and/or in the front of the classroom.



Generous 🐶🌈✨💛